

# Summer Term 1 Creative Homework

(To be completed and returned to school by 21.5.2018)

Complete a 5 day activity diary. Take photos and add a caption.



Keep track of the colours you eat each day.



**Eat a Rainbow Every Day**  
Keep track of the colors you eat each day!

|           | Blue & Purple | Green | White & Brown | Yellow & Orange | Red |
|-----------|---------------|-------|---------------|-----------------|-----|
| Monday    |               |       |               |                 |     |
| Tuesday   |               |       |               |                 |     |
| Wednesday |               |       |               |                 |     |
| Thursday  |               |       |               |                 |     |
| Friday    |               |       |               |                 |     |
| Saturday  |               |       |               |                 |     |
| Sunday    |               |       |               |                 |     |



HEALTHY BODY  
HEALTHY MIND



Complete a mindfulness activity e.g.

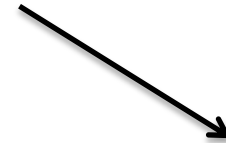
- yoga
- senses walk
- breathing buddy



Create a healthy lunch box. Think about the different food groups.



Create a 'How to look after your teeth poster'.



All children must complete at least one homework activity over the half term in order to achieve their homework award.